



# WELLNESS AWARD

## Guidelines

**Purpose of the Wellness Award:** To recognize school nutrition employees for their efforts in creating a healthy school environment.

**Award Categories:** There will be three award categories based on number of schools within school system: (1) 1-10 schools; (2) 11-25 schools; (3) 26+ schools. A first place (\$75.00) winner and a second place (\$25.00) winner will be named in *each* category.

Choose three school-wide wellness projects in which your school family (nutrition staff, students, teachers, administration, parents and/or community) participated. Each project description must be limited to *two* 8.5" x 11" (one-sided) pages *including* any photos.

Provide detail of each of the three projects including the following:

- A. Describe what, where, when and how each project promotes wellness and nutrition.
- B. Include wellness/nutrition activities presented to students, parents, etc., in relation to the projects. Tell what resources were presented such as letters to parents, point of sale information and dining area marketing.
- C. Each point on the attached score sheet should be addressed in the description.
- D. Include how community involvement promoted these wellness projects.

General Qualifications:

- E. A single employee, who is currently employed in a Tennessee school district, must submit the award.
- F. From start to finish, the person submitting the award must be, at a minimum, a member of TSNA.
- G. Projects must have occurred during the *current* school year.
- H. Entry is limited to 7 pages (including the award cover page).

***Deadline: Must be postmarked by April 15, 2017.***



## **WELLNESS AWARD** **COVER PAGE**

**Category:** \_\_\_\_\_ **1 – 10 schools;** \_\_\_\_\_ **11 – 25 schools;** \_\_\_\_\_ **26+ schools**  
**(Choose one)**

APPLICANT'S NAME: \_\_\_\_\_

SCHOOL: \_\_\_\_\_

SCHOOL DISTRICT: \_\_\_\_\_

ADDRESS (WORK): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

TELEPHONE NUMBER (WORK): \_\_\_\_\_ FAX NUMBER: \_\_\_\_\_

TELEPHONE NUMBER (CELL OR HOME): \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

Mail completed entry to:

Cheryl Cochran  
Hardin County Schools  
155 Guinn Street  
Savannah, TN 38372  
731-925-3943 (phone)  
731-925-7313 (fax)  
cheryl.cochran@hctnschools.com

Awards (per category):  
1<sup>st</sup> place - \$75.00  
2<sup>nd</sup> place - \$25.00

# Wellness Award Criteria / Score Sheet

Applicant: \_\_\_\_\_

Judge #: \_\_\_\_\_

Criteria	Maximum Points	Points
<p><b>I. Innovation:</b> A unique program or idea that includes involvement from students, parents, teachers, administrator, Board of Education and/or school nutrition personnel.</p> <p><b>Examples:</b> Relay for Life, the Biggest Loser, Food Drives, 5 A Day, Health Fairs, etc.</p>	20	
<p><b>II. Impact:</b> Evidence of support and participation in wellness activities from students, parents, teachers, administrators, Board of Education and/or school nutrition personnel.</p> <p><b>Examples:</b> Team rosters, letters, newspaper articles, etc.</p>	20	
<p><b>III. Documentation:</b> Descriptions and pictures of activities. Maximum of 2 (one-sided) pages for each activity (including photos).</p>	20	
<p><b>IV. Community Involvement:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Team Nutrition</li> <li><input type="checkbox"/> National School Lunch Week</li> <li><input type="checkbox"/> National School Breakfast Week</li> <li><input type="checkbox"/> Heart Week</li> <li><input type="checkbox"/> American Education Week</li> <li><input type="checkbox"/> Five a Day</li> <li><input type="checkbox"/> Three a Day or Got Milk</li> <li><input type="checkbox"/> Cancer Awareness Week</li> <li><input type="checkbox"/> National Nutrition Month</li> <li><input type="checkbox"/> World Hunger Day</li> <li><input type="checkbox"/> Go Red for Women (Heart Association)</li> <li><input type="checkbox"/> Local Health Council</li> </ul> <p>Other: _____</p> <p>Other: _____</p> <p>Other: _____</p> <p><b>Direction: Document how community involvement promoted wellness project.</b></p>	20	
<p><b>V. Presentation:</b> Uses resources available to present wellness information to parents and students</p>	20	
	<b>100</b>	