



WELLNESS AWARD

Guidelines

Purpose of the Wellness Award: To recognize school nutrition employees for their efforts in creating a healthy school environment.

Award Categories: There will be three award categories based on number of schools within school system: (1) 1-10 schools; (2) 11-25 schools; (3) 26+ schools. A first place (\$75.00) winner and a second place (\$25.00) winner will be named in *each* category.

Choose three school-wide wellness projects in which your school family (nutrition staff, students, teachers, administration, parents and/or community) participated. Each project description must be limited to *two* 8.5" x 11" (one-sided) pages *including* any photos.

Provide detail of each of the three projects including the following:

- A. Describe what, where, when and how each project promotes wellness and nutrition.
- B. Include wellness/nutrition activities presented to students, parents, etc., in relation to the projects. Tell what resources were presented such as letters to parents, point of sale information and dining area marketing.
- C. Each point on the attached score sheet should be addressed in the description.
- D. Include how community involvement promoted these wellness projects.

General Qualifications:

- E. A single employee, who is currently employed in a Tennessee school district, must submit the award.
- F. From start to finish, the person submitting the award must be, at a minimum, a member of TSNA.
- G. Projects must have occurred during the *current* school year.
- H. Entry is limited to 7 pages (including the award cover page).

Deadline: Must be postmarked by April 15, 2017.



WELLNESS AWARD **COVER PAGE**

Category: _____ **1 – 10 schools;** _____ **11 – 25 schools;** _____ **26+ schools**
(Choose one)

APPLICANT'S NAME: _____

SCHOOL: _____

SCHOOL DISTRICT: _____

ADDRESS (WORK): _____

TELEPHONE NUMBER (WORK): _____ FAX NUMBER: _____

TELEPHONE NUMBER (CELL OR HOME): _____

EMAIL ADDRESS: _____

Mail completed entry to:

Cheryl Cochran
Hardin County Schools
155 Guinn Street
Savannah, TN 38372
731-925-3943 (phone)
731-925-7313 (fax)
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Awards (per category):

1st place - \$75.00

2nd place - \$25.00

Wellness Award Criteria / Score Sheet

Applicant: _____

Judge #: _____

Criteria	Maximum Points	Points
<p>I. Innovation: A unique program or idea that includes involvement from students, parents, teachers, administrator, Board of Education and/or school nutrition personnel.</p> <p>Examples: Relay for Life, the Biggest Loser, Food Drives, 5 A Day, Health Fairs, etc.</p>	20	
<p>II. Impact: Evidence of support and participation in wellness activities from students, parents, teachers, administrators, Board of Education and/or school nutrition personnel.</p> <p>Examples: Team rosters, letters, newspaper articles, etc.</p>	20	
<p>III. Documentation: Descriptions and pictures of activities. Maximum of 2 (one-sided) pages for each activity (including photos).</p>	20	
<p>IV. Community Involvement:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Team Nutrition <input type="checkbox"/> National School Lunch Week <input type="checkbox"/> National School Breakfast Week <input type="checkbox"/> Heart Week <input type="checkbox"/> American Education Week <input type="checkbox"/> Five a Day <input type="checkbox"/> Three a Day or Got Milk <input type="checkbox"/> Cancer Awareness Week <input type="checkbox"/> National Nutrition Month <input type="checkbox"/> World Hunger Day <input type="checkbox"/> Go Red for Women (Heart Association) <input type="checkbox"/> Local Health Council <p>Other: _____</p> <p>Other: _____</p> <p>Other: _____</p> <p>Direction: Document how community involvement promoted wellness project.</p>	20	
<p>V. Presentation: Uses resources available to present wellness information to parents and students</p>	20	
	100	